



Welcome to BrainWaves!

Thank you for joining the BrainWaves project as a Research Partner and helping to shape the future of adolescent mental health and education.

This document provides you with a quick overview of the project along with media and communications material you might like to use.

As a Research Partner, you may wish to promote your participation on your school/college website, social media, in your newsletter or via other communication forms you use. Included in this pack are approved suggestions of what you might write to parents and in a blog post - feel free to adapt the copy if you wish or write your own. We kindly request that if you choose to make any changes or write your own post regarding BrainWaves, this is emailed to support@brainwaveshub.org so that it can be approved by us.

You are also welcome to use the provided BrainWaves logos included in this pack, but these must not be adapted.

If you have any further questions about the study, please contact us at: support@brainwaveshub.org.

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Suggested blog post

Suggested blog/website post 1:

We are pleased to announce that our school/college has been selected to take part in BrainWaves, an exciting new mental health and wellbeing research study run by the University of Oxford's Department of Psychiatry, in partnership with the University of Swansea and [The Day](#), the online student newspaper that turns news into lessons

Today's young people face difficult mental health challenges in a world full of conflicting, confusing and often incorrect information. BrainWaves is a direct response to this. It aims to improve the quality of scientific knowledge about adolescent mental health and provide evidence-based, practical strategies and educational materials to schools.

BrainWaves is creating a large-scale national student group to participate in research and help develop the project. Our Key Stage 5 pupils have been invited to take part, and will be working closely to support the University of Oxford in their research.

We are excited that our students will have the unique opportunity to shape the landscape of adolescent mental health. If you would like to know more about the project, please visit education.brainwaveshub.org

Suggested blog/website post 2:

Please click on the link below the image to download the file as a JPEG:



https://drive.google.com/file/d/1sSHBAteuEBFjlvLiQCFeEOhF-7LwEvb5/view?usp=drive_link



BrainWaves logos

Please click on the links below the images to download the files as JPEGs:



https://drive.google.com/file/d/1acve6s4hR-eYh_OQrpoJ9TRnGUcXyfyP/view?usp=sharing



https://drive.google.com/file/d/1KMkBCqzWrnCUhv-_HmbSNOHxqkKVtSfC/view?usp=sharing



Let's get social!

Click below to connect with us on Facebook, Twitter, Instagram and Linked in:



@BrainWaves Mental Health



@oubrainwaves



@brainwavesmentalhealth



@brainwavesmentalhealth

If you're posting about the BrainWaves project, remember to tag us!