WEEK COMMENCING

02/09/2024 23/09/2024 14/10/2024 04/11/2024 25/11/2024 16/12/2024 06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

(V) - VEGETARIAN (VE) - VEGAN

CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn

### TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

### WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravv

#### THURSDAY

Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (V)

#### TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread

#### WEDNESDAY

Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)

#### THURSDAY

Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)

#### FRIDAY

Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)







MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

Garlic & Lemon Chicken Gyros Chicken Yakitori with Rice

Loaded Potato Skins

Manager's Street Vibes Special

MONDAY

Chilli & Lime Glazed Tofu Skewer with Tomato Rice

(VE)

**TUESDAY** 

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap  $(\vee)$ 

**THURSDAY** 

Pakistani Tarka Dhal  $(\vee)$ 

Manager's Special

**FRIDAY** 

**DESSERTS** 

MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Chocolate Sponge & Chocolate Sauce

Apple Strudel & Custard

Peach Kuchen

Pear & Cocoa Sponge

Manager's Special

**Fruit & Yoghurt Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

**JACKET POTATOES** Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA '





MONDAY

**TUESDAY** 

WEDNESDAY

THURSDAY

FRIDAY

Tomato & Basil Pasta

Creamy Pesto Pasta

Mozzarella & Tomato or Vegan Roast Vegetable Pizza Pasta in Cheese Sauce

Mozzarella & Tomato or Manager's Special





WEEK COMMENCING

(V) - VEGETARIAN (VE) - VEGAN

09/09/2024 30/09/2024 21/10/2024 11/11/2024 02/12/2024 23/12/2024 13/01/2025 03/02/2025 24/02/2025 17/03/2025

# CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Traditional Sausage & Mash with Onion Gravy

#### TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

#### WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravv

#### THURSDAY

Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

#### TUESDAY

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

### WEDNESDAY

Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

#### THURSDAY

Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

#### FRIDAY

Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)









MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Caramelised Onion & Mozzarella Poutine

Gochujang Chicken & Sesame Rice Pot

Mei Goreng Indonesian Fried Noodles

Korean Fried Crispy Chicken Manager's Street Vibes Special

FRIDAY

Special

MONDAY

Reggae Reggae

Jackfruit Curry

 $(\vee)$ 

**TUESDAY** 

Red Onion Naan

 $(\vee)$ 

Spiced Paneer &

Vegan Ramen Bowl (VE)

WEDNESDAY

**THURSDAY** 

The Big Plant Manager's Burger (VE)

## **DESSERTS**

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Apple Pie & Custard

Peach & Pineapple Crumble

Sticky Coconut & Jam Pudding

**Baked Churros** with Chocolate Sauce

Manager's Special

**Fruit & Yoghurt Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

**JACKET POTATOES** Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA





**FRIDAY** 

MONDAY

Tomato & Basil

Pasta

**TUESDAY** 

Creamy Pesto

Pasta

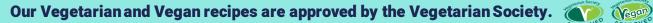
WEDNESDAY

Mozzarella & Tomato or BBO Bean Pizza

Pasta in Cheese Sauce

**THURSDAY** 

Mozzarella & Tomato or Manager's Special



WEEK COMMENCING

26/08/2024 16/09/2024 07/10/2024 28/10/2024 18/11/2024 09/12/2024 30/12/2024 20/01/2025 10/02/2025 03/03/2025 24/03/2025

(V) - VEGETARIAN (VE) - VEGAN

# CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

### TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

#### WEDNESDAY

Salt & pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

#### THURSDAY

Chicken Bhuna with Pilau Rice & Homemade Raita

#### FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare

#### MONDAY

Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

#### TUESDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

#### WEDNESDAY

Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

#### THURSDAY

Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

#### FRIDAY

Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)









MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

FRIDAY

Chinese Style Vegan Noodles (VE)

Chipotle Chicken Chimichanga

Loaded Mediterranean Street Cart Wedges

Thai Fried Rice

Manager's Street Vibes Special

MONDAY

Fork Friendly Falafel Kebab  $(\vee)$ 

**TUESDAY** 

Smoked Tofu & Caponata Burger (V)

WEDNESDAY

Seeded Vegan Sausage Roll (VE)

**THURSDAY** 

**FRIDAY** 

Onion Bhaji Skewer with Bombay Potatoes  $(\vee)$ 

Manager's Special

## **DESSERTS**

MONDAY

Pineapple

Upside Down

Cake

**TUESDAY** 

Warm Blueberry

Sponge

WEDNESDAY

Dropped Pancake Bar **THURSDAY** 

**FRIDAY** 

Apple & Mixed Berry Crumble with Vanilla Sauce

Manager's Special

**Fruit & Yoghurt Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

**JACKET POTATOES** Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA 3





MONDAY

Tomato & Basil

Pasta

TUESDAY

Creamy Pesto

Pasta

WEDNESDAY

Pepperoni Pizza

**THURSDAY** 

Mozzarella & Tomato or BBO Pasta in Cheese Sauce

Mozzarella & Tomato or Manager's Special

FRIDAY

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



